



## Do you look after Someone

### Survey of Carers Health Needs

In order that we can gain information which may affect change in services could we ask that you take a few moments to answer the following questions:

<b>Town that you live in:</b>	
<b>Who do you care for:</b>	
<b>Approx weekly hours involved in your caring role:</b>	
<b>Gender:</b>	

<b>What do you see as the cared for persons main health concerns</b>	<b>As a Carer what do you see as your main health concerns</b>	
( Please tick as many boxes as you like)	(Please tick as many boxes as you like)	
<b>Alzheimer/Dementia</b>	<b>Stress</b>	
<b>Arthritis</b>	<b>Anxiety</b>	
<b>Cancer</b>	<b>Lack of sleep</b>	
<b>Coronary heart disease</b>	<b>Back pain</b>	
<b>Drugs/Alcohol misuse</b>	<b>Depression</b>	
<b>Head injury</b>	<b>Isolation</b>	
<b>Hearing impaired</b>	<b>Hearing impaired</b>	
<b>Learning Disabilities</b>	<b>Coronary heart disease</b>	
<b>Mental ill health</b>	<b>Arthritis</b>	
<b>Pain management</b>	<b>Physical Disabilities</b>	
<b>Physical Disabilities</b>	<b>Learning Disabilities</b>	
<b>Skin complaints</b>	<b>Mental ill health</b>	
<b>Stroke</b>		
<b>Other(Please specify)</b>	<b>Other(Please specify)</b>	

**(Please add any comments you might have)**

**What do you think Carers need to enable them to look after someone**

Can you please tick one of the following to indicate your age range

- Under 18
- 18-35
- 36-59
- 60-74
- 75+

Can you please tick the category to indicate the ethnic background which best describes you

- White Scottish
- Other British
- Irish
- Any other white background

- Mixed
- Mixed ethnic background

- Other ethnic background
- Chinese
- Any other

Asian, Asian Scottish or Asian British

- Indian
- Pakistani
- Bangladeshi
- Any other Asian background

If you would like to receive further information please telephone the Network on 01698 285163

Thank you for taking the time to complete our survey. Please send completed questionnaires to South Lanarkshire Carers Network Ltd., Voluntary Sector Support Centre, 155 Montrose Crescent, Hamilton, ML3 6LQ.